



A unique one day workshop for men diagnosed with cancer, undergoing treatment for cancer or survivors of cancer.

Friday April 11 9.30 am – 4.00 pm

**Allied Health Conference Room Building 30 Reserve Rd
Royal North Shore Hospital St Leonards NSW 2065**

This men only program which will provide a safe confidential space to talk about your experiences and listen to the experiences of other men. On the day you can:

- gain information on men and cancer and the ways men deal with a diagnosis
- get support from others and learn more about ways of coping
- learn more about the how we can meet the needs of your partner, family or support person
- learn more about planning for now and the future
- gain new knowledge and skills and share resources

ABOUT THE PRESENTER

Greg Millan is a social work trained men's health promotion expert, educator and groupworker with over 25 years experience in the men's health promotion area conducting many workshop programs for men in the community. He is the President of the Men's Health Forum NSW Inc. and an Executive Member of the Australian Men's Health Forum Inc., Australia's peak body implementing a social approach to male health. He produces **emale** Australia's largest circulation free national monthly men's health and wellbeing ebulletin and is the author of "**Men's health & wellbeing: an a - z guide**". Greg is also a cancer survivor and a Prostate Cancer Support Group Leader.

This is a free workshop – you will receive a resource pack and all refreshments and lunch.

Limited availability please register asap for catering purposes. For registration contact:

Qiao Qiao Cansupport Admin Officer Northern Sydney Cancer Centre tel: (02) 9463 1195 email:

qiao.qiao@health.nsw.gov.au Please advise of any special needs or dietary requirements.



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